November 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 10:15 Chair Yoga 10:45 TV Mass 2:15 Walk & Talk 3:30 1:1 Activity	**2** 10:15 Chair Yoga 10:30 Rosary 11:15 Exercises 2:00 Baking	**3** 10:15 Chair Yoga 10:45 Mass 11:15 Exercises 2:30 Music with Danny	**4** 10:15 Chair Yoga 10:30 Rosary 2:00 Pet Therapy 4:00 Koncan's Singing	**5** HAIRDRESSER 10:15 Chair Yoga 10:45 Mass 11:15 Exercises 2:30 BINGO	**6** 10:15 Chair Yoga 10:45 Mass 11:15 Exercises 2:00 Karaoke	**7** 10:15 Chair Yoga 10:45 Mass 2:30 BINGO
8 10:15 Chair Yoga 10:45 TV Mass 2:15 Walk & Talk 3:30 1:1 Activity	**9** 10:15 Chair Yoga 10:30 Rosary 11:15 Exercises 2:00 Baking	**10** 10:15 Chair Yoga 10:45 Mass 11:15 Exercises 2:30 Music with Danny	**11** Remembrance Day 10:15 Chair Yoga 10:30 Rosary 2:00 Pet Therapy 4:00 Koncan's Singing	**12** HAIRDRESSER 10:15 Chair Yoga 10:45 Mass 11:15 Exercises 2:30 BINGO	**13** 10:15 Chair Yoga 10:45 Mass 11:15 Exercises 2:00 Karaoke	**14** 10:15 Chair Yoga 10:45 Mass 2:30 BINGO
15 10:15 Chair Yoga 10:45 TV Mass 2:15 Walk & Talk 3:30 1:1 Activity	**16** 10:15 Chair Yoga 10:30 Rosary 11:15 Exercises 2:00 Baking	**17** 10:15 Chair Yoga 10:45 Mass 11:15 Exercises 2:30 Music with Danny	**18** 10:15 Chair Yoga 10:30 Rosary 2:00 Pet Therapy 4:00 Koncan's Singing	**19** HAIRDRESSER 10:15 Chair Yoga 10:45 Mass 11:15 Exercises 2:30 BINGO	**20** 10:15 Chair Yoga 10:45 Mass 11:15 Exercises 2:00 Karaoke	**21** 10:15 Chair Yoga 10:45 Mass 2:30 BINGO
22 10:15 Chair Yoga 10:45 TV Mass 2:15 Walk & Talk 3:30 1:1 Activity	**23** 10:15 Chair Yoga 10:30 Rosary 11:15 Exercises 2:00 Baking	**24** 10:15 Chair Yoga 10:45 Mass 11:15 Exercises 2:30 Music with Danny	**25** 10:15 Chair Yoga 10:30 Rosary 2:00 Pet Therapy 4:00 Koncan's Singing	**26** HAIRDRESSER 10:15 Chair Yoga 10:45 Mass 11:15 Exercises 2:30 BINGO	**27** 10:15 Chair Yoga 10:45 Mass 11:15 Exercises 2:00 Karaoke	**28** 10:15 Chair Yoga 10:45 Mass 2:30 BINGO
29 10:15 Chair Yoga 10:45 TV Mass 2:15 Walk & Talk 3:30 1:1 Activity	**30** 10:15 Chair Yoga 10:30 Rosary 11:15 Exercises **2:30 Birthday Party!**					

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*DURING AN OUTBREAK, INDIVIDUAL PROGRAMMING ONLY.

PROGRAMS ARE SUBJECT TO CHANGE. *TIMES VARY.

PLEASE SPEAK TO YOUR CHARGE NURSE REGARDING ANY SUGGESTIONS/CONCERNS/COMPLAINTS