



MAY

2026



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

WEST - 1

***DURING AN OUTBREAK, INDIVIDUAL PROGRAMMING ONLY. PROGRAMS ARE SUBJECT TO CHANGE. *TIMES VARY.**

3
10:15 Chair Yoga
10:45 TV Mass
2:15 Walk & Talk
3:30 1:1 Activity

4
10:15 Chair Yoga
10:45 Rosary
2:30 Tea Social & Singing

5
10:15 Chair Yoga
10:45 Mass
11:15 Exercises
2:30 Music with Danny

6
10:15 Chair Yoga
10:45 Rosary
2:15 Pet Therapy
4:00 Koncan's Singing

7 HAIRDRESSER
10:15 Chair Yoga
10:45 Mass
11:15 Exercises
2:30 BINGO

8
10:15 Chair Yoga
10:45 Mass
11:15 Exercises
2:00 Karaoke

9
10:15 Chair Yoga
10:45 Mass
11:15 Exercises
2:30 BINGO

10 *Happy Mother's Day!*
10:15 Chair Yoga
10:45 TV Mass
2:15 Walk & Talk
3:30 1:1 Activity

11
10:15 Chair Yoga
10:45 Rosary
2:30 Tea Social & Singing


12
10:15 Chair Yoga
10:45 Mass
11:15 Exercises
2:30 Music with Danny

13
10:15 Chair Yoga
10:45 Rosary
2:15 Pet Therapy
4:00 Koncan's Singing

14 HAIRDRESSER
10:15 Chair Yoga
10:45 Mass
11:15 Exercises
2:30 BINGO

15
10:15 Chair Yoga
10:45 Mass
11:15 Exercises
2:00 Karaoke

16
10:15 Chair Yoga
10:45 Mass
11:15 Exercises
2:30 BINGO

17
10:15 Chair Yoga
10:45 TV Mass
2:00 Piano Performance
3:30 1:1 Activity 

18 VICTORIA DAY HOLIDAY
10:15 Chair Yoga
10:45 Rosary
2:30 Tea Social & Singing

19
10:15 Chair Yoga
10:45 Mass
11:15 Exercises
2:30 Music with Danny


20 *SPRING IS HERE!*
10:15 Chair Yoga
10:45 Rosary
2:15 Pet Therapy
4:00 Koncan's Singing

21 HAIRDRESSER
10:15 Chair Yoga
10:45 Mass
11:15 Exercises
2:30 BINGO

22
10:15 Chair Yoga
10:45 Mass
11:15 Exercises
2:00 Karaoke

23
10:15 Chair Yoga
10:45 Mass
11:15 Exercises
2:30 BINGO

24
10:15 Chair Yoga
10:45 TV Mass
2:15 Walk & Talk
3:30 1:1 Activity

25
10:15 Chair Yoga
10:45 Rosary
2:30 Birthday Party! 

26
10:15 Chair Yoga
10:45 Mass
11:15 Exercises
2:30 Music with Danny

27
10:15 Chair Yoga
10:45 Rosary
2:15 Pet Therapy
4:00 Koncan's Singing

28 HAIRDRESSER
10:15 Chair Yoga
10:45 Mass
11:15 Exercises
2:30 BINGO

29
10:15 Chair Yoga
10:45 Mass
11:15 Exercises
2:00 Karaoke

30
10:15 Chair Yoga
10:45 Mass
11:15 Exercises
2:30 BINGO

31
10:15 Chair Yoga
10:45 TV Mass
2:00 Piano Performance
3:30 1:1 Activity 