

A Message from Jolanta Linde, Executive Director

Dear Dom Lipa residents, families, volunteers and friends,

As the end of 2018 is quickly approaching, it is time to look back at this year's accomplishments. What have we improved for the residents of our home?

An improvement that I passionately encouraged was unlocking the link doors that join West 1 and Kastelic Wing. Our residents in these home areas are now able to freely visit the chapel and lobby as they please. My goal is to continue to bring the residents from various home areas together to socialize, share celebrations, activities and events, whenever possible.

We upgraded our phone system. Families are now able to leave voicemails for non-urgent communication. The sprinkler system is being extended to Dom Lipa Retirement floor, Kastelic Wing and the basement level to make the building safe for everyone.

Overall, one of the most important achievements in my view is employee education upgrades. Last spring we received additional funding for a Behaviour Support Lead position. Together with our Activities Supervisor, they took Gentle Persuasive Approach training this fall. Next year they will be able to train half of our employees in a gentle approach and train the other half of employees, the following year.

In addition to the above, there have been numerous other improvements to the building and property which have also enhanced the home experience for our residents.

We, at Dom Lipa, are very grateful for the support of our Family Council members. Their contribution of new flower gardens, the Butterfly Concept Development for West 2 Wing and assistance for the Dom Lipa Bake Sale are just to name a few of the many ways they are enriching the lives of our residents. Thank you so much to our residents for raising such considerate, kind and helpful children!

For the upcoming Christmas Season, I wish you blessings, love and peace! May the spirit of Christmas be with you, throughout the New Year!

Yours truly, Jolanta

Welcome to our
new residents

Dušan Kavčič

Valentin Končan

Cilka Plut

Angela Ovčjak

Pino Skrabic

Dobrodošli

novi stanovalci!

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What's new at Dom Lipa?

Kaj je novega v Domu Lipa?

Birthday Celebrations



Mr. Joseph Rosenwira Miss Zia-

What's new at Dom Lipa?

Kaj je novega v Domu Lipa?

Last BBQ of summer



THANK YOU

We thank Maria Popit's daughter Lydia, for her generous donation of a Samsung 50" Smart TV for the retirement home lobby.

Maria is a resident in the retirement home. The TV will be a welcome addition, with more viewing options, than the older model it is replacing.

THANK YOU

Thank you Family Council for donating and planting a beautiful perennial garden



Celebration of Life in honour of Marijan Miletich

Thank you to daughter Marianne for hosting a reception for staff, in gratitude, for the care her father received in the Retirement Home.



What's new at Dom Lipa?

Kaj je novega v Domu Lipa?

Muffins in the making



Residents and staff participated in the Annual Mock Fire Evacuation with the Fire Department



Coffee Break for Alzheimer's



Thank you Lana for visiting on Halloween and helping distribute the treats



What's new at Dom Lipa?

Kaj je novega v Domu Lipa?

THANK YOU



Milan for sing-a-longs in the auditorium



Nežka for sing-a-longs in the lobby

Ana Julija (violin), Tanja (piano) and Timotej (guitar) from Slovenia for their concert



Manja and Jože from Slovenia for a play in the auditorium

Večerja za enega Dinner for one



Fundraising

Zbrana sredstva

Dom Lipa Luncheon Gathers Families Together

The annual fall Dom Lipa luncheon brings together all generations in a warm and welcoming environment. On November 4, 2018, over 360 people of all ages came to enjoy a delicious Slovenian meal prepared by chef Marija Soršak and her team. Thank you for helping to raise almost \$9,300 after expenses through ticket, bake, craft and raffle sales to help our senior's home. We were happily surprised and grateful that donors also brought cheques to the luncheon to add over \$11,000 to our proceeds. Thank you all!

Our aim is to help build and support the community around Dom Lipa and Slovenians. Coming together at the luncheon helps to increase awareness of the work we do to benefit seniors at Dom Lipa. Fundraising supplements programming activities and the environment for seniors. Families of Dom Lipa residents talk about the improvements they see in their loved ones once they come to the home: they begin eating regularly; have medications fine-tuned; become involved in activities; and create new friendships. In addition, donations are necessary to maintain the aging building. This year the telephone system was replaced and elevator repairs were needed. Currently we are adding sprinklers to all parts of the building.

During the luncheon we thanked a few donors who made substantial donations in recent years: g. Stanko and ga. Jožica Sajnovič, g. Milan Vrčkovnic; ga. Miriam Ferkul and ga. Jacqueline Small in memory of their father g. Frank Osredkar.

In addition to enjoying good food and conversation with family and friends, guests appreciated a chance to stock up on hand made crafts or baked goods for the upcoming holiday season. The Seniors Club members meet regularly during the year to create knitted and other handicrafts. This industrious group includes Žinka Pahulje, Marija Lavriša, Marija Grobin, Milka Galič, Karlina Lesar and Joži Purkart and always welcomes new members. The bake sale was a resounding success due to the many delicious baked goods donated by the employees of Dom Lipa and community members, and also due to the commendable organization by Kristy Turk and Jolanta Linde.

A bouquet of flowers was presented to ga. Cveta Arhar-Stojko in recognition of her many years of volunteering on behalf of Dom Lipa. She has been involved since 1975 in many aspects of the home including Seniors Club activities and fundraising for the walkathon.

A special moment occurred when a surprise guest took the microphone. Former mayor Hazel McCallion and long-time friend of the Slovenian community reminded us that Slovenians are valued as dedicated, hardworking citizens who have contributed greatly to Canadian society.

Thank you also to our many dedicated supporters including Moya Financial; Silver Fox Pharmacy; the Parish of Our Lady of the Miraculous Medal; Ridley Funeral Home. Special thanks to raffle prize contributors especially to Pauline Klemenčič for contributing a pair of tickets to a Raptors game and Ed and Ina Erčulj for a beautiful gift basket. Many volunteers and board members help to make this event successful: to plan, advertise, set-up, run craft and bake sale tables, cook, serve and clean-up. Thank you to all!

Duhovna Misel

Spiritual Message

Kaj pomeni živeti kot Božji otroci

Pri katehezi o osmi zapovedi **Ne pričaj po krivem**, je papež Frančišek dejal, da je resnica čudovito razodetje Boga kot Očeta. Resnica je njegova brezmejna ljubezen. Zato ne pričevati po krivem pomeni živeti kot Božji otroci.

A kaj pomeni govoriti resnico? Ali to pomeni biti iskreni? Ali pa biti natančni? Papež je odgovoril da to ni dovolj, kajti lahko smo iskreni v zmoti ali pa natančni v podrobnosti, a smisla celote ne razumemo. Včasih se upravičujemo in pravimo: 'Rekel sem samo to kar sem čutil.' Res je, vendar pa si absolutiziral svoj zorni kot. Ali pa: 'Povedal sem samo resnico.' Lahko da si jo res, a razkril si osebna in zasebna dejstva. "*Koliko obrekovanja uničuje občestvo zaradi neprimernosti ali pomanjkanja obzirnosti,*" je pripomnil papež. Ponovno je poudaril, da obrekovanje ubija, ker jezik ubija kot nož. Bodi previden, saj tisti, ki obrekuje je kot terorist, ki s svojim jezikom meče bombe. Beseda, ki jo reče, ta bomba, uniči dobro ime drugih. "*Ne pozabite: obrekovanje pomeni ubijati.*"

Živeti pristno komunikacijo je težko, saj nepristna komunikacija preprečuje iskrene odnose in tako ovira ljubezen. "*Kjer je laž, tam ni resnice, ni ljubezni.*" Ko govorimo o komunikaciji med osebami, ne mislimo samo na besede, ampak tudi na geste, drže, tudi na tišino. "*Oseba govori z vsem, kar je in kar počne. Vsi mi živimo tako, da komuniciramo in smo neprestano v nihanju med resnico in lažjo,*" je dejal sveti Oče.

Kaj je torej resnica? To je vprašanje, ki ga je zastavil Pilat v trenutku, ko je Jezus stal pred njim, da udejanji bistvo svojega poslanstva "Evangeliji imajo svoj vrh v pripovedi o Jezusovem trpljenju, smrti in vstajenju, kar je v bistvu pripoved o sodnem procesu, izvršitvi obsodb in njeni nevetnirje posledici. Jezus odgovarja Pilatu: "*Jaz sem zato rojen in sem zato prišel na svet, da pričujem za resnico!*" (Jn 18,37)

Vprašajmo se: O katerih resnicah govorijo dela, besede in izbire nas kristjanov? Sem pričevalec resnice ali sem lažnivec? *Kristjani nismo izjemni moški in ženske. Smo pa otroci nebeškega Očeta, ki je dober in nas nikoli ne razočara in ki v naša srca polaga ljubezen do bratov. O tej resnici ne govorijo toliko besede; ta resnica je način bivanja, je način življenja, ki se kaže v vsakem našem posameznem dejanju.*"

"Jaz zaupam v Boga- to je velika resnica. Iz našega zaupanja v Boga, ki je Oče in me ljubi, nastane moja resnica in jaz postanem resnicoljuben in ne lažnivec" je sklenil katehezo papež Frančišek.

(cfr. Vatican news, June 27,2018)

Pripravil Ivan Plazar, C.M.

V Spomin In Memoriam

Ernest Contala
Louise Stefančič
Marijan Miletich
Katarina Žižek
Hanna Tymush

Naše globoko
sožalje sorodnikom

Our deepest
condolences
to the families.

Sharing our Stories

Delitev naših zgodb



Cveta Arhar-Stojko (pictured far right in this group photo with Dom Lipa residents) has been part of our Dom Lipa community since it's beginning. We are grateful and take this opportunity to share her story during an interview with Sonja Vidovič, Activation Coordinator, at Dom Lipa.

Spoštovana Cveta:

Vaše izkušnje s prostovoljnim delom v Domu Lipa so dolgoletne. Koliko let ste darovali svoj čas stanovalcem in oskrbovancem slovenskega starostnega doma?

Saj ne vem ravno kje naj začnem šteti leta mojega prostovoljnega dela pri Domu Lipa. Bilo je 1975 ko je bil prvi sestanek na Browns Line v zvezi z zamislijo za graditev slovenskega starostnega doma. Po telefonu sva bila z mojim prvim možem Francetom naprošena da pristopiva k pripravljaniemu odboru. Meni so določili delo tajnice, kar sem opravljala celih 10 let in napisala 100 sestankov. V vseh teh letih zbiranja finančnih sredstev sem bila vestno aktivna pri vseh banketih in drugih prireditvah in pohodih walk-a-thon katerih je bilo do letos kar 36. Samo enega se nisem udeležila. Po 10. letih sem odstopila iz odbora, bila pa še zmeraj resno aktivna pri vseh drugih akcijah. Po nenadni smrti mojega moža Franceta, sem se po treh letih opokojila in kmalu spet priključila Domu Lipa kot prostovoljka, dvakrat na teden, kar 25 let. Občutek imam da sem del starega povišstva v Domu.

Kaj Vam osebno pomeni prostovoljno delo in zakaj ravno v Domu Lipa?

Zdi se mi da je to v moji naravi da rada priskočim na pomoč če je potrebno, da čutim s človekom pomoči potrebnem, ne glede na narodnost. Seveda, Dom Lipa, naš slovenski dom, mi je toliko bolj pri srcu, saj sem resno sodelovala, pri razvijanju tega projekta prav od spočetja te ideje.

Kakšno osebno, zadovoljstvo čutite v prostovoljnem delu v Domu Lipa?

Naj omenim samo dva primera osebnega, globokega zadovoljstva, so-človeku posredovati trenutek vidne sreče, nasmeh na obrazu in žarek sreče v očeh. Prva leta, pred graditvijo novega oddelka smo veliko prepevali v Domu Lipa. Imeli smo več oskrbovank katerim je bilo petje "pol življenja" kot smo rekli. Prepevali smo v predsobi, v jedilnici ko smo čakali na kosilo (to so nam pozneje prepovedali),v poletnih mesecih zunaj, pri vhodu in vdihavali sveži zrak.

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Sharing our Stories

Delitev naših zgodb

Bila je oskrbovanka, stara 90 let, čudovit alt je pela in veliko sva prepevali. Dan predno se ji je življenje izteklo, sva jo s Štefanom (mojim drugi možem) obiskala da ji še enkrat zapojeva njeno priljubljeno pesem "ko ptičica sem pevala". Pridružila se je nama z zadnjimi močmi. Ko sva odhajala sva po hodniku še slišala njen glas: hvala vam, hvala vam, je ponavljala.

Drugi primer je bil oskrbovanec, privezan na voziček, ni govoril z nikomer, je pa pel z mano. Čakal me je na hodniku da sem prišla in začela peti "škrjanček poje žvrgoli". Obraz se mu je zjasnil, oči so zažarele in pel je z menoj. Besedilo je znal vseh kitic. Tudi druge pesmi sva prepevala vendar "škrjanček" je bil najin jutranji pozdrav. Njega sem prvo obiskala vsakikrat. Njegov nasmeh, zadovoljstvo v očeh mi bo zmeraj ostalo v spominu.

Kako bi človek ne čutil zadovoljstvo svojega prostovoljnega dela ob takih primerih! Zdi se mi da "več dobimo kot damo". Resnično, človek čuti neko notranje zadovoljstvo ko daruje nekaj svojih ur za dobrobit/boljše razpoloženje človeku ki ga življenje tare. Kako je Jezus rekel?Karkoli storite kateremu.....etc.

Kaj svetujete vsem ki morda razmišljajo o prostovoljnem delu v Domu Lipa?

Pridite in se pridružite. Potreba je velika, stane ne nič. Samo dobra volja, prijazen obraz, pomoč pri obedih, poleti mogoče "sprehod" na vozičku in lepa beseda, bo nekomu, ki ga življenje preiskusa in tare, olepšalo dan. Samo Bog ve kaj še nas čaka? Morda bomo tudi mi željni prijaznosti in pozornosti kakšnega prostovoljca, ko bo prišel čas, da nam olepša dan, če nas usoda tako doleti.

Vaše prostovoljno delo v Domu Lipa ste delili z možem. Kakšna izkušnja je to bila za vaju oba?

Ne vem kako odgovoriti na to. Vsi smo osebe zase, vsak ima svoje čutje do so-človeka. Moram reči da s soprogom sva imela isto sočutje, spoštovanje in neke vrste usmiljenje do starejšega človeka, zato sva z veseljem hodila v Dom Lipa skozi vsa ta leta. Meni je bil to drugi dom in obveznosti ki sva jih imela v privatnem življenju sva urejala v sklopu obveznosti prostovoljnega dela v Domu Lipa.

Cveta Arhar-Stojko

Okt 30. 2018

The Dom Lipa FAMILY COUNCIL

DID YOU KNOW? Dom Lipa has a FAMILY COUNCIL established in September 2017.

DID YOU KNOW? Family Councils are included in the Long-Term Care Homes Act (LTCHA), sections 59-68 (<https://www.ontario.ca/laws/statute/07l08#BK74>). This Act governing all Long Term Care Homes including Dom Lipa, outlines the responsibilities that a LTCH must follow.

In relation to Family Councils, the obligations that the Home must follow are: a) the establishment of a Council, b) powers of a Council, c) Council membership, and more.

What are a Family Council's powers under the Long-Term Care Act?

Although every Family Council is unique with varying activities, the Act outlines several powers of a Family Council, such as providing assistance, information and advice to residents, family members, and persons of importance to residents, including when new residents are admitted to the Home. A Family Council informs residents, family members, and persons of importance to residents, their rights and obligations under the Act as well as notifies the licensee of any concerns or recommendations the Council has about the operation of the Home, and others.

Who are we?

We are a group of concerned and caring family members, substitute decision makers, and friends of the residents who live in Dom Lipa Long Term Care Home.

What is our main purpose?

We want to improve the quality of life, well-being, and happiness of all residents of the Home.

What else do we do?

We support our members through sharing information, knowledge, and experiences regarding various issues/concerns affecting residents and families.

We promote positive attitudes toward aging, facilitating communication and promoting partnerships with staff, administration, other family members, and residents.

What have we done since we began?

Members have been instrumental in establishing raised vegetable gardens on the front enclosed patio, a Butterfly garden in the front, three perennial gardens in the back, as well as a bird feeding station for everyone to enjoy. The Family Council also posts pertinent information on a variety of topics on their bulletin board located in K wing on the hallway wall going towards the chapel, across from the elevators.

Want more information? If you need advice, assistance, more information, or would like to join our council please email us at: domlipafamilycouncil@gmail.com



Merry Christmas and Happy New Year

Vesel božič in srečno novo leto



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DOM LIPA HOURS

1st and 3rd Monday
of every month
1:00 PM to 1:30 PM

Find us in the
lower level of the
west wing by the
tuck shop.

CONTACT US

T: 416-255-1742
E: main@moyafinancial.ca

MAIN BRANCH HOURS

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Thursday & Friday
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Saturday
9:00 AM to 1:00 PM

VISIT US

747 Brown's Line
Toronto, ON M8W 3V7

Visit us online at moyafinancial.ca

Contact Us

Dom Lipa
52 Neilson Drive
Etobicoke, ON M9C 1V7 416-621-3820

info@domlipa.ca

www.domlipa.ca

If you need to contact the Dom Lipa FAMILY COUNCIL
or for more information, please email them at:

domlipafamilycouncil@gmail.com

This fall issue covered events from August 29, 2018 – November 28, 2018. Our winter issue will be available in March 2019.

To receive our newsletter via email, please send a request to: info@domlipa.ca or contact our Business Office at 416-621-3820 Ext. 221.